Southern Nevada Health District (SNHD) Office of Chronic Disease Prevention and Health Promotion (OCDPHP) Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease

January 18, 2018

Staff

Deb Williams retired from her position as OCDPHP Manager on January 5th. For the time being, Nicole Bungum (Supervisor) will be representing SNHD OCDPHP at the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease (CWCD) meetings.

Section News

Maria Azzarelli, Tobacco Control Program Coordinator, was nominated and elected into the UNLV Chapter of the Delta Omega Honor Society, the honorary society for graduate studies in Public Health.

Programming

<u>Tobacco Control Program (TCP)</u>

Two major outdoor events were smoke free thanks to the efforts of the TCP – Bite of Las Vegas (September) and Gay Pride (October). An estimated 40,000 people attended the events. Eighteen (18) other tobacco prevention advocacy events were conducted including ones at local high schools reaching a total of 25,400 people.

TCP staff worked with the SNHD HIV program to assure that Tobacco Cessation Quit cards are disseminated to HIV infected inmates. Four thousand Quit cards that promote the Nevada Tobacco Quitline at 1-800-Quit-NOW will be placed in resource bags that are distributed to inmates as they are released from jail.

University Medical Center (UMC) launched Phase I of their new EPIC Electronic Health Record (EHR) system in all UMC Urgent Care centers. TCP staff worked with UMC staff to modify tobacco use status questions on UMC intake forms to assure all forms of tobacco use are captured. Staff also reviewed patient discharge material and worked with UMC staff to assure that tobacco-using patients are referred to the Quitline upon discharge. Additionally, TCP staff worked with the SNHD HIV program to assure Tobacco Quit cards are disseminated to HIV-infected inmates.

Staff provided interviews to 4 media outlets (English and Spanish) regarding the Great American Smoke Out (GASO).

TCP staff coordinated a statewide Question and Answer conference call between the Tobacco Control Legal Consortium (TCLC) staff attorney and the Nevada Tobacco Prevention Coalition board to discuss tobacco policy issues that are preempted at the local level. The TCLC suggested that the coalition work to update the Nevada Clean Indoor Air Act (NCIAA) by removing pre-NCIAA language. The TCLC also advised that raising the minimum sale age to 21 is preempted at the local level in Nevada.

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Chronic Disease Prevention Program (CDPP)

CDPP staff is a member of the Clark County School District (CCSD) District Wellness Committee. The Wellness Coordinator online training course was finalized and launched in September. CDPP staff reviewed and contributed to the development of the course. While the course is voluntary, Wellness Coordinators that complete the course will earn one CEU. To date, 24 Wellness Coordinators have taken the course. Additionally, CDPP staff conducted a training for Clark County School District (CCSD) elementary school teachers on 10/21/17 at the CCSD Fall 2017 Conference. Detailed information on the CCSD Wellness Policy was provided during the training.

CDPP staff worked with UNLV and CCSD on development of an electronic toolkit for school-based Safe Routes to School (SRTS) Coordinators to help them promote safe walking and biking at their schools. The toolkit includes sample newsletter articles, social media posts, and graphics and letters to parents in English and Spanish that can be quickly and easily used at schools to encourage active transport, safety, and promote the SRTS program. The toolkit was provided to SRTS coordinators in 115 CCSD elementary and middle schools.

To support implementation of the DETR/BEN nutrition standards policy, CDPP staff coordinated the printing of vending machine wraps that promote the new policy and encourage healthier options. The wraps have been placed on 28 vending machines in high traffic government buildings throughout Southern Nevada. Additionally, stickers and signage were developed to place on vending machines that are not wrapped. CDPP staff provided technical assistance to Washoe County Health District on their healthy vending efforts.

Staff is working with the Health Coaches at all MGM properties to integrate the Walk Around Nevada (WAN) on-line physical activity program into ongoing health and wellness efforts at MGM properties. Staff and the MGM Health Coaches worked together to develop walking challenges using the WAN program which are promoted among MGM employees. To date, over 1,000 MGM employees have signed up for the MGM walking challenge using WAN. The MGM employees have logged over 88,000 miles since the start of the project.

November was American Diabetes Month. CDPP staff participated in a live television interview on the Fox 5 MORE show and was a guest on the Healthier Tomorrow radio program to talk about diabetes prevention and self-management. Bilingual staff participated in interviews with Spanish-language television and newspaper outlets as well. Staff also increased distribution of SNHD and community diabetes prevention and self-management resources throughout the month including adding a permanent display at the Huntridge Clinic and The Center for diabetes and other chronic disease resource distribution.